

LIST OF ADDITIVES CURRENTLY PERMITTED IN FOOD IN THE EUROPEAN UNION AND THEIR E NUMBERS.

The additives below are listed in groups for ease of reference.

The groups are as follows:

1. Antioxidants
2. Colours
3. Emulsifiers, Stabilisers, Thickeners and Gelling agents.
4. Preservatives
5. Sweeteners
6. Others

When shopping you can find an additive on the list by first looking for its category, such as colour or preservative, and then looking for its name or number.

This list does not in any way supplement the law in this area, nor constitute legal guidance.

For information on the specifications and likely sources of these additives, please contact **Mark Willis (020 7276 8559)**. For further information on legislation controlling the use of food additives, please contact **John Caseley (020 7276 8591)** for sweeteners and **Andy Spencer (020 7276 8560)** for the other categories.

Colours

E100	Curcumin
E101	(i) Riboflavin (ii) Riboflavin-5'-phosphate
E102	Tartrazine
E104	Quinoline yellow
E110	Sunset Yellow FCF; Orange Yellow S
E120	Cochineal; Carminic acid; Carmines
E122	Azorubine; Carmoisine

E123	Amaranth
E124	Ponceau 4R; Cochineal Red A
E127	Erythrosine
E128	Red 2G
E129	Allura Red AC
E131	Patent Blue V
E132	Indigotine; Indigo Carmine
E133	Brilliant Blue FCF
E141	Chlorophylls and chlorophyllins
E141	Copper complexes of chlorophyll and chlorophyllins
E142	Green S
E150a	Plain caramel
E150b	Caustic sulphite caramel
E150c	Ammonia caramel
E150d	Sulphite ammonia caramel
E151	Brilliant Black BN; Black PN
E153	Vegetable carbon
E154	Brown FK
E155	Brown HT
E160a	Carotenes
E160b	Annatto; Bixin; Norbixin
E160c	Paprika extract; Capsanthin; Capsorubin
E160d	Lycopene
E160e	Beta-apo-8'-carotenal (C30)
E160e	Ethyl ester of beta-apo-8'-carotenoic acid (C30)
E161b	Lutein
E161g	Canthaxanthin
E162	Beetroot Red; Betanin

E163	Anthocyanins
E170	Calcium carbonate
E171	Titanium dioxide
E172	Iron oxides and hydroxides
E173	Aluminium
E174	Silver
E175	Gold
E180	Litholrubine BK

Preservatives

E200	Sorbic acid
E202	Potassium sorbate
E203	Calcium sorbate
E210	Benzoic acid
E211	Sodium benzoate
E212	Potassium benzoate
E213	Calcium benzoate
E214	Ethyl p-hydroxybenzoate
E215	Sodium ethyl p-hydroxybenzoate
E216	Propyl p-hydroxybenzoate
E217	Sodium propyl p-hydroxybenzoate
E218	Methyl p-hydroxybenzoate
E219	Sodium methyl p-hydroxybenzoate
E220	Sulphur dioxide
E221	Sodium sulphite
E222	Sodium hydrogen sulphite
E223	Sodium metabisulphite
E224	Potassium metabisulphite
E226	Calcium sulphite
E227	Calcium hydrogen sulphite
E228	Potassium hydrogen sulphite
E230	Biphenyl; diphenyl
E231	Orthophenyl phenol
E232	Sodium orthophenyl phenol
E234	Nisin
E235	Natamycin
E239	Hexamethylene tetramine

E242	Dimethyl dicarbonate
E249	Potassium nitrite
E250	Sodium nitrite
E251	Sodium nitrate
E252	Potassium nitrate
E280	Propionic acid
E281	Sodium propionate
E282	Calcium propionate
E283	Potassium propionate
E284	Boric acid
E285	Sodium tetraborate; borax
E1105	Lysozyme

Antioxidants

E300	Ascorbic acid
E301	Sodium ascorbate
E302	Calcium ascorbate
E304	Fatty acid esters of ascorbic acid
E306	Tocopherols
E307	Alpha-tocopherol
E308	Gamma-tocopherol
E309	Delta-tocopherol
E310	Propyl gallate
E311	Octyl gallate
E312	Dodecyl gallate
E315	Erythorbic acid
E316	Sodium erythorbate
E320	Butylated hydroxyanisole (BHA)
E321	Butylated hydroxytoluene (BHT)

Sweeteners

E420	(i) Sorbitol (ii) Sorbitol syrup
E421	Mannitol
E953	Isomalt
E965	(i) Maltitol (ii) Maltitol syrup
E966	Lactitol
E967	Xylitol
E950	Acesulfame K
E951	Aspartame
E952	Cyclamic acid and its Na and Ca salts
E954	Saccharin and its Na, K and Ca salts
E957	Thaumatococin
E959	Neohesperidine DC

Emulsifiers, Stabilisers, Thickeners and Gelling Agents

E322	Lecithins
E400	Alginic acid
E401	Sodium alginate
E402	Potassium alginate
E403	Ammonium alginate
E404	Calcium alginate
E405	Propane-1,2-diol alginate
E406	Agar
E407	Carrageenan
E407a	Processed eucheuma seaweed
E410	Locust bean gum; carob gum
E412	Guar gum
E413	Tragacanth
E414	Acacia gum; gum arabic
E415	Xanthan gum
E416	Karaya gum
E417	Tara gum
E418	Gellan gum
E425	Konjac
E432	Polyoxyethylene sorbitan monolaurate; Polysorbate 20
E433	Polyoxyethylene sorbitan mono-oleate; Polysorbate 80
E434	Polyoxyethylene sorbitan monopalmitate; Polysorbate 40
E435	Polyoxyethylene sorbitan monostearate; Polysorbate 60
E436	Polyoxyethylene sorbitan tristearate; Polysorbate 65
E440	Pectins

E442	Ammonium phosphatides
E444	Sucrose acetate isobutyrate
E445	Glycerol esters of wood rosins
E460	Cellulose
E461	Methyl cellulose
E463	Hydroxypropyl cellulose
E464	Hydroxypropyl methyl cellulose
E465	Ethyl methyl cellulose
E466	Carboxy methyl cellulose Sodium carboxy methyl cellulose
E468	Crosslinked sodium carboxy methyl cellulose
E469	Enzymatically hydrolysed carboxy methyl cellulose
E470a	Sodium, potassium and calcium salts of fatty Acids
E470b	Magnesium salts of fatty acids
E471	Mono- and diglycerides of fatty acids
E472a	Acetic acid esters of mono- and diglycerides of fatty acids
E472b	Lactic acid esters of mono- and diglycerides of fatty acids
E472c	Citric acid esters of mono- and diglycerides of fatty acids
E472d	Tartaric acid esters of mono- and diglycerides of fatty acids
E472e	Mono- and diacetyltartaric acid esters of mono- and diglycerides of fatty acids
E472f	Mixed acetic and tartaric acid esters of mono- and diglycerides of fatty acids
E473	Sucrose esters of fatty acids
E474	Sucroglycerides
E475	Polyglycerol esters of fatty acids
E476	Polyglycerol polyricinoleate

E477	Propane-1,2-diol esters of fatty acids
E481	Sodium stearoyl-2-lactylate
E482	Calcium stearoyl-2-lactylate
E483	Stearyl tartrate
E491	Sorbitan monostearate
E492	Sorbitan tristearate
E493	Sorbitan monolaurate
E494	Sorbitan monooleate
E495	Sorbitan monopalmitate
E1103	Invertase

Others

Acid, acidity regulators, anti-caking agents, anti-foaming agents, bulking agents, carriers and carrier solvents, emulsifying salts, firming agents, flavour enhancers, flour treatment agents, foaming agents, glazing agents, humectants, modified starches, packaging gases, propellants, raising agents and sequestrants.

E170	Calcium carbonates
E260	Acetic acid
E261	Potassium acetate
E262	Sodium acetate
E263	Calcium acetate
E270	Lactic acid
E290	Carbon dioxide
E296	Malic acid
E297	Fumaric acid
E325	Sodium lactate
E326	Potassium lactate
E327	Calcium lactate
E330	Citric acid
E331	Sodium citrates
E332	Potassium citrates
E333	Calcium citrates
E334	Tartaric acid (L-+)
E335	Sodium tartrates
E336	Potassium tartrates
E337	Sodium potassium tartrate
E338	Phosphoric acid
E339	Sodium phosphates

E340	Potassium phosphates
E341	Calcium phosphates
E 343	Magnesium phosphates
E350	Sodium malates
E351	Potassium malate
E352	Calcium malates
E353	Metatartaric acid
E354	Calcium tartrate
E355	Adipic acid
E356	Sodium adipate
E357	Potassium adipate
E363	Succinic acid
E380	Triammonium citrate
E385	Calcium disodium ethylene diamine tetra-acetate; calcium disodium EDTA
E422	Glycerol
E431	Polyoxyethylene (40) stearate
E450	Diphosphates
E451	Triphosphates
E452	Polyphosphates
E459	Beta-cyclodextrin
E479b	Thermally oxidised soya bean oil interacted with mono and diglycerides of fatty acids
E500	Sodium carbonates
E501	Potassium carbonates
E503	Ammonium carbonates
E504	Magnesium carbonates
E507	Hydrochloric acid
E508	Potassium chloride
E509	Calcium chloride

E511	Magnesium chloride
E512	Stannous chloride
E513	Sulphuric acid
E514	Sodium sulphates
E515	Potassium sulphates
E516	Calcium sulphate
E517	Ammonium sulphate
E520	Aluminium sulphate
E521	Aluminium sodium sulphate
E522	Aluminium potassium sulphate
E523	Aluminium ammonium sulphate
E524	Sodium hydroxide
E525	Potassium hydroxide
E526	Calcium hydroxide
E527	Ammonium hydroxide
E528	Magnesium hydroxide
E529	Calcium oxide
E530	Magnesium oxide
E535	Sodium ferrocyanide
E536	Potassium ferrocyanide
E538	Calcium ferrocyanide
E541	Sodium aluminium phosphate
E551	Silicon dioxide
E 552	Calcium silicate
E553a	(i) Magnesium silicate (ii) Magnesium trisilicate
E553b	Talc
E554	Sodium aluminium silicate

E555	Potassium aluminium silicate
E556	Aluminium calcium silicate
E558	Bentonite
E559	Aluminium silicate; Kaolin
E570	Fatty acids
E574	Gluconic acid
E575	Glucono delta-lactone
E576	Sodium gluconate
E577	Potassium gluconate
E578	Calcium gluconate
E579	Ferrous gluconate
E585	Ferrous lactate
E620	Glutamic acid
E621	Monosodium glutamate
E622	Monopotassium glutamate
E623	Calcium diglutamate
E624	Monoammonium glutamate
E625	Magnesium diglutamate
E626	Guanylic acid
E627	Disodium guanylate
E628	Dipotassium guanylate
E629	Calcium guanylate
E630	Inosinic acid
E631	Disodium inosinate
E632	Dipotassium inosinate
E633	Calcium inosinate
E634	Calcium 5'-ribonucleotides
E635	Disodium 5'-ribonucleotides

E640	Glycine and its sodium salt
E650	Zinc acetate
E900	Dimethylpolysiloxane
E901	Beeswax, white and yellow
E902	Candelilla wax
E903	Carnauba wax
E904	Shellac
E905	Microcrystalline wax
E912	Montan acid esters
E914	Oxidised Polyethylene wax
E920	L-Cysteine
E927b	Carbamide
E938	Argon
E939	Helium
E941	Nitrogen
E942	Nitrous oxide
E943a	Butane
E943b	Iso-butane
E944	Propane
E948	Oxygen
E949	Hydrogen
E999	Quillaia extract
E1200	Polydextrose
E1201	Polyvinylpyrrolidone
E1202	Polyvinylpolypyrrolidone
E1404	Oxidised starch
E1410	Monostarch phosphate
E1412	Distarch phosphate

E1413	Phosphated distarch phosphate
E1414	Acetylated starch
E1420	Acetylated Starch
E1422	Acetylated distarch adipate
E1440	Hydroxyl propyl starch
E1442	Hydroxy propyl distarch phosphate
E1450	Starch sodium octenyl succinate
E1451	Acetylated oxidised starch
	Polyethylene glycol 6000
E1505	Triethyl citrate
E1518	Glyceryl triacetate; triacetin
E1520	Propan-1,2-diol; propylene glycol